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Well, this is going to be a bit strange. I'm going to talk a little bit about my side of the world and I see the world a little bit differently than most people. Most people today look at the world through the physical eyes and see only a three dimensional realm and I see things in a much different way because I see things in a fourth, fifth, sixth and seventh dimensions besides just the physical. So what I'm going to try to do today is explain a little bit about some of the other dimensions that I can see to help you to be more familiar with them. The reason I want to do that is the Foundation and a lot of the research it's going to be doing is going to be researching these areas that people can't see and trying to prove them and then from the materials that they find, take it a step further and develop through research ways to affect people and their consciousness. So I want you to begin to understand a little bit about the different levels of consciousness, the different levels of yourself that you can't see so that you can begin to see what you're trying to affect and the work you're doing in the Foundation.

What I do normally is I have a class in aura vision where I teach people how to see auras, but today I think I'll go and just try to explain it all to you as much as possible to give you clarity on it. Then if we have time, we can do that. I drew a few things out just to make it a little bit easier for everybody to follow along and so it'll make more sense.

Like I was saying, most people just see with their two eyes in the third dimension. What I'm going to be doing now is taking you totally out of the third dimension into other realms. So you're going to have to use your imagination and try to, in a sense, create in your mind what I'm talking

about so it'll be more real. So we'll talk a little bit first about the energy of the body and how the body works as a living organism as far as the way a mystic would view it. Now I'm going to be talking about things that are a little bit abstract because there's no way of proving them as yet. That's what the Foundation is going to try to do is to take what has been taught for centuries by mystics and bring it into the area of science so that they can validate it. Then in that way, you can use it in a constructive manner to heal people, to bring certain levels of consciousness into balance and to expand consciousness so that anyone can begin to see and hear in other dimensions besides just this one.

The first thing I want to talk about is the chakra system. All the chakras are, are vortex centers in the body. There are seven major chakras as I've got drawn out here that line up in the physical body along the spinal cord and in the brain.

These chakras centers are just energy patterns within the fourth dimension that psychics, clairvoyants can see, but often times don't really understand what they mean. What they are, are channels of energy from higher dimensions within yourself that feed and filter energy in the physical body to give it life. If you notice, each one of these centers tends to overlap a particular gland or organ in the body. They really overlap several. That these filtering systems allow energy to come in to the body and feed life into these organs, into these glands, into the blood stream to give life to the physical body. If the connection is broken, the body begins to deteriorate in that particular area and you have an illness or if enough of them all broke, you have death. In the Bible it speaks of, if the silver cord is broken or the golden bowl is released, then death will occur. What they're

talking about is each of these are like golden bowls and there is a cord or connection into the other dimensions of yourself which is like a silver cord that links energy in the physical body. If they are broken or if they are released where they can never be connected again then you begin to deteriorate and have illness.

The best way to explain chakra systems to people that have not seen them or experienced them is, if you can envision an electric socket, it's like taking a plug and plugging it into the socket so that it gets energy into whatever it is that's plugged in. That's what's happening here. The vortexes overlap the physical body and plug in the energy body from your soul into the physical organ so that energy is constantly fed in the physical body to keep it alive.

Now what I want to do for a little while is talk a little bit about these centers, how they function, what they affect and then we'll go from there into the levels of the aura and how they also work with the chakras. I'm trying to keep it very elementary and then go into it a little bit further as we go on. The best way to take it, I guess, we'll just take it step by step.

Each vortex overlaps a particular area of the body. You can see the base of the spine overlaps the reproductive and the adrenal glands, the kidneys. The second one overlaps the spleen, the liver, the adrenals, and the digestive tract. The third one, the solar plexus, has to do again with liver, spleen, adrenals, kidney and up into the heart area somewhat. The next one is the heart. It has to do with lung, heart, the thymus and all the areas of the esophagus in this area. The throat has to do mainly with thyroid and all the areas in your throat. The pituitary and the pineal at the top also have

a lot to do with brain centers. There are actually seven brain centers that correspond to these chakras in the brain and five other centers besides those seven. The pituitary and the pineal help to link or act as channels for the computer system of the body to convey the process that should be taking place in the body from the seven centers in the brain. The brain acts as a receiving station for the soul. The brain then breaks down the messages into codes. The pineal, the pituitary, controlling the hormone levels of the body, put out a message to these glands and organs as to what to do next according to what is needed in the body to either be taken care of or certain karmic patterns to unfold. I'll go into karma a little bit later.

These each have a certain vibrational pattern, a certain vibrational rate that they work under and when you begin to look at them clairvoyantly, you begin to see that they radiate a particular color that seems to be predominate from each center. If you'll look over on this page here, it lists in color what color tends to be the predominate color that radiates from that particular center.

For instance, for the reproductive it's red. Now that doesn't mean that it's always going to be a bright red or just only red, but the predominate energy pattern, the vibrational pattern of that vortex is red and in seeing it clairvoyantly you'll see it red and colors in your environment will affect it. If it's red and a very strong red, you'll react to it in some way. It'll act as a stimulant for that particular vortex.

Orange has to do with the spleen. Yellow has to do with the solar plexus; green, the heart; blue, the throat; indigo, the pituitary and violet, the pineal. I'm sorry. Indigo is the pineal and violet is the pituitary.

The colors can vary a little bit in these centers, but usually these are

the predominate colors for each of these chakra centers. Then there may be some overlapping. There may be some green mixed with the blue of the throat or there may be some red mixed with the yellow of the stomach. It just depends upon what is happening within your system as to how it's going to appear.

The mystics of old have used the chakra system as a way to measure where a person is in their consciousness. They've also used it as a way to diagnose ailments, to tell people where they are in their physical condition and how they're progressing physically, emotionally, mentally and spiritually. There's a lot of books published on it and the material I'm going to be giving now is my viewpoint. It's not really, it may contradict or conflict with a lot of other material you're going to see. I don't know. This is the way I've learned to interpret it from within myself. So if you do find that that happens, the best thing I can say is, take it, use it and if you can develop up to that level, find out for yourself what is correct for you because it may vary.

The one thing that is interesting about this is that wherever you are in your consciousness is how you're going to perceive the world and wherever you are clairvoyantly in your consciousness is how you're going to perceive colors in the aura. So if you're dealing mainly from one level of consciousness that is the color scheme of that consciousness that you're going to be focusing from. For instance, if you're coming from a very physical level, these are the colors you're going to see in the chakra system most likely. If you're coming from a very emotional state and very caught up in the emotions, these colors shift somewhat and they're very different in the chakra system. If you're looking at a person and you're dealing with them

mainly on a emotional level, either within yourself or dealing with them emotionally because they're having some emotional turmoil, you're going to see a different color scheme for the chakras. The same within the mental and the same within the spiritual.

Are there any questions so far because I don't want to get anybody confused if I can help it? If you have any questions, raise your hand at the time that you're thinking it because otherwise we're go over it and it'll probably be forgotten.

I've put over here some of the aspects that have to do with the energy flow through each of these chakras. The positive and the negative affects that will happen in your body, depending upon how you register with the energy that's coming through you. For instance, some people when they see the color red, they really enjoy it, they get into it, they vibrate with it very well, and so it becomes a color of energy. It picks them up. It gets them going. It gets them moving. They even use this psychology in restaurants. Fast food restaurants often will do an interior red to keep you going. You're come in, you're eat and you're go. Then they can fill the table again. So they're dealing with numbers and percentages and profits so they want as many people in there as possible so they use red. What they'll do in restaurants that charge a lot of money and they're not so concerned about turnover on the table, they'll use very quiet colors such as blue, green or yellows because those bring you into a point of rest and quiet and make you feel luxurious. So you'll stay and you'll hang around for a long period of time. They don't mind it because you're paying for the space anyway whether it's one person that comes in or they get five times that on a table they don't care. So the consciousness of color is used throughout

society even though often times they're not really understanding the psychic or spiritual implications of it.

There's also the negative side of the color vibration and how it will affect you both in that chakra center as well as in your psychological make-up. For instance, if you are having difficulty relating to the world sexually or having difficulty relating to people because this reproductive center has a lot to do with just how you relate to people on a one-to-one basis, then you're going to have a difficult time with the color red and it's going to be very hard for you to be around it. It's going to possibly make you sick at your stomach, nervous, irritable, anxious, you're going to want to get away from it. A lot of times you'll find people get very angry when they're around the color red if they're having trouble in relating to people properly.

So these are just some of the negative aspects and the positive aspects you'll see come up having to deal both with this color and this chakra center.

In the next one then you have, orange for the spleen. This is probably one of the most interesting of all that I deal with when I do counseling because it tells me right away where a person is at in their self-respect level. All you have to do is look at that center and you know how they view themselves. If they have a hard time with the color orange or if that center is really low in energy or it's real muddy in its color, that means that they're having a difficult time accepting themselves, dealing with themselves on a one-to-one level and then presenting that out in to the world where the world will accept them. So it's one of the most interesting centers because of that.

The person who has a nice orange will be warm, friendly, outgoing and very dynamic in the way that they express themselves or put themselves across. If it's a real muddy orange or if that energy is blocked in some way then they tend to be very introverted, very frightened, they run away from everything. Any kind of a challenge in their life is a time for panic because they don't know how to deal with themselves. Often these people, too, cannot make up their mind. You ask them, "Well, where do you want to go eat?" And they'll go, "Oh, you make up your mind. I'll go wherever you want to go." It's always in the other person's hands because they don't respect themselves enough to come up and say what they would like, but they feel (?). So if you can take and bring them into balance by using the color orange, you can often help promote a sense of self-respect in them. The one way to do this. It's real interesting. The idea of color can be carried out through clothes, through decor, and through the food we eat. So if you have them take and eat or drink foods that are orange like oranges, squashes, sweet potatoes, pumpkins, anything that's orange, it will tend to promote self-respect. Oftentimes you'll find corporations will use booklets that are orange in cover color when they're very proud of their company. It's just interesting how they will promote their self-respect to the public by doing that. They don't understand exactly why, but it does fit with what they're trying to get across to people that they're presenting it to.

The red up here, if you'll notice, has to do a lot with the way we relate to the world physically. The orange or the spleen center has a lot to do with our social relationships and how we will relate to the world around us socially.

The yellow is also a very interesting one. That's the solar plexus. This

has to do with intellect and it's very strange that in the stomach would be the chakra for intellect, but I'll explain that to you. We actually have three brain centers in the body, not one. Even though we have one brain there are actually three brain centers in our body, if you even look at it neurologically in the nerve centers and the way that they connect, one of the major junctions of nerve centers is in this area. This is where we tend to think from on an intellectual level. It's also where we tend to receive from the world around us. It is our doorway into the outer world from ourselves. This is where we give out and receive a lot of our feelings and a lot of our ideas. So what often happens is you find people in this area will either be very emotional or very intellectual when they tend to be locked into this particular center and you'll be able to tell again by that particular power as to how they're radiating and how they're working. If it's a real radiant yellow, they're going to tend to be much more intellectual. If it's more of a pale, pastel yellow, like a lemon yellow, they tend to be more emotional. If it's muddy, then they're dealing in a state of out-of-balance. They're not able to really have a thought for every feeling and a feeling for every thought. They don't have a balance and therefore they tend to be very intellectual or very emotional and they can't control one or the other. So a lot of times you'll find you're great creative scientists, inventors, teachers, instructors, this type of a thing coming from this level and it's very interesting to watch a very good professor or teacher up in front of a group of people talking because they're talking from here. If they're a good instructor and they have what would be called the head knowledge, they really have the know of their material, then they're going to attach it to feelings and give it out here in a feeling form. So that those people when they get

it, they're going to get it from all different levels and not just from a bunch of words because a lot of people don't come across in their knowing through intellect. They come across through feeling. They come across through vision. So you have to educate people in all different levels and somebody who's coming from this level of the solar plexus, who's a good instructor will know the key of putting things into balance: a thought for every feeling, a feeling for every thought and be able to take word knowledge and put feelings and vision or pictures to it so that everybody can see it and feel it and know it and not just come across with words.

Also a person in this level who tends to have more the lemon yellow, who tends to be more the feeler or the sensitive is then going to be like the Mother Goose if they're out of balance. These are the ones that go in the world and they'll take on everybody's problem and they can solve anybody's problem. They can't take care of their own. They don't even know what their feelings are all about and they'll sit and they'll cry and they'll pout and they'll have all this emotional turmoil inside of them, but to forget that they go out and take on everybody else's problems too, because they feel. They know what you're feeling. They know what's going on inside of you on an emotional level. They don't understand it, but they hurt if you hurt and they don't want you to hurt so they'll take it on as their own. They literally can through an energy exchange take on your hurt and live it out as their own. Now if you can take a feeler at this level and teach them how to balance with understanding, with awareness, then they can begin through the thought process understanding what are their feelings and what are somebody else's and they can start having control of their lives at that level of emotion and keep things in balance. Then, when they sense somebody out here

hurting or needing help, they can come to an understanding that this isn't my feeling. This is somebody else's. All I have to do is look and listen and see what's going on and I'll give them my viewpoint, but I'm not going to take their hurt on as mine. So no longer are they the Mother Goose. They become a very good advisor and a very good supporter to that other individual.

(Jan): Jim, it's interesting within our culture we call intuition gut level feeling (That's it!) because of the solar plexus getting the emotional and intellectual together to give you the intuition (And that's intuition.) and that you feel it. At least I do. I mean just right down here you can feel it.

(Jim): You know if you have the balance, you have intuition. It's very interesting because even in psychology they talk about the conscious mind and the subconscious mind and how they are split and separate and what splits them is the ego. If, and they equate this with thought and they equate this with feeling, if you begin to break down the ego barrier, to do that you have to begin balancing these two, the thoughts and the feelings. Once you begin to do the ego begins to disappear and all you have left is a complete circle which makes the person intuitive. So it's an interesting process that can take place at that level. This is the first brain center and this is where most people work out of.

Also this is the first brain that man in evolution had. This is where our animal instincts lie. This is where we live in an instinctual nature and so again the intuitive comes forward. We instinctively know. We instinctively feel and we respond instinctively to a lot of things in our lives, but we don't know it. Now, we've begun to lose that ability on an instinct level

because the energies have begun to move up the chakra centers and other brain centers have developed over the centuries. So that's why we're beginning to move away from instinct a lot and move into more of an intellect. Hopefully, the intellect will jump yet another level and go into intuition, but to do that you've got to go back in and bring up the feelings with it or you lose them and then you get bogged down in the intellect and you can't really go any further than that.

(Lynne): Jim, that's also interesting to me that that's also the ulcer level for the negative (laughter) (That's it.)

(Jim): That's interesting because when I do healings or laying on of hands or something with people, often if they're really out of balance in the solar plexus I will have them envision a gold mesh over this area and tell them and I tell them, "Now you program this gold mesh with your mind every day: 'Nothing but good can come to me. Nothing but good can go from me.' And see that gold mesh as a protection barrier so that no feelings can come into you that are going to hurt and no feelings can go out of you that you might hurt somebody else with." And it really does begin that healing process and it does create an awareness so that they begin to think about what's going on in the feeling level, maybe for the first time. It's interesting to watch people change over the years when they begin to deal with that.

Again you have both the positive and the negative side of this particular chakra center and how it can affect you and you'll probably find yourself one day maybe more on the positive side of these different chakras, one day more on the negative and maybe in an hour swinging back and forth because your energy is never the same. For every thought and every feeling that you have,

your energy is changing and your thoughts and your feelings are really a register of what's changing. It's not necessarily that the thoughts and feelings change the energy patterns of the body because a lot of times it's just the reverse. The thoughts and feelings are our register of the energies that are coming into us and they're trying to tell us what is going on in the world around us.

So we have to be aware on all different levels. A lot of times you can walk into a room where people have been arguing, but the argument's over and you walk in and boy, can you feel it, you know. Well, why? Why can you feel their argument? Why can you feel the tension? It's because you have an antenna system in this chakra system and it picks up what's going on in the world around you as well as the world inside of you. So you're going to be able to tell if you begin to pay attention to it, what is going on around you and begin to understand more about how to deal with people because you can understand what's going on in those people and you can be more sensitive to what they need at that moment. You'll find the environment will be very different in an office, in your home or even in yourself then it would be otherwise because if you're not careful, what happens is the antenna just keeps on picking up, picking up, picking up. Now it doesn't know good or bad. Just like the subconscious, it doesn't know good or bad. You can tell whatever you want and it'll go, "O.K." But when the antenna of your aura picks up from out here, it just picks up. It just receives and then your body, in some way, registers it. Feelings, emotions will stir up. The intellect will get confused or become more clear and energetic. It'll just depend upon what you're picking up as to how it's going to affect you. So if you can begin to get things into balance within your chakra system, begin to

understand these energies as they're affecting you and then begin to perceive on a feeling and an intellectual or thought level what's coming in from outside, you'll begin to come into balance and you'll begin to develop this level of sensitivity when that intuition does come forward and you do realize where it's coming from. You do know who's having a problem and you do know that it's not you all the time. A lot of times you walk around all day long feeling real depressed not knowing why. We have no reason to be depressed. Our taxes are paid. Our car is paid for, you know, everything. Yet we're depressed. It's because the guy in the next office is depressed because he and his wife had an argument today and so he's all upset and she's all upset and the energy expands and moves into your office and the next thing you know you're upset and depressed. But you know, unless you're aware of it, you're never going to know it and so this a way to begin being aware and that is, by just sitting quietly when you start getting upset, nervous, irritable or confused and ask inside of yourself, "What's been happening in the last hour? What is going on inside of me right now? Why am I irritated? Is there somebody outside here that's affecting me or is it something inside of me that's coming forward that I need to handle?" Then if you find that it's inside of yourself, deal with it. If you have to put everything else aside for a few minutes and deal with that one thing, do it. If it's a phone call or if it's going and talking with somebody or if it's just going inside of yourself and talking to yourself, do it. If it's not inside of you but it's outside here, then begin to realize that all you have to do is bless it and let go of it and send it back to whomever it's from. You don't have to recognize who's it's from. You can just say, "I put light around it. I bless it and I release it back out into the world. And may the love that

goes with it, heal whatever it needs to be healed wherever it goes." And it goes out of your aura once again because thought follows, excuse me, energy follows thought. So you put thought into it and the energy is going to go. And it's going to go back out to whoever it came from, but you're going to help heal the situation for them because you put love in it and that's the difference. Then you can go on about your life and not have to live that in yourself.

This is where a lot of people get illness from other people like headaches, colds. A cold often is brought on by an emotional disturbance inside of yourself and then you get a cold and until you can heal the emotional disturbance or the imbalance between the mind and the emotions, you're going to carry the cold with you at some level and you're going to spread that cold a lot of times by sharing your disturbance with other people. Then they're going to get a cold, but they don't know why. I mean, you know, there is the law of viruses too. They're going to be passed, but there is also other levels of colds that can be passed emotionally and you'll just see it begin to spread. It's real interesting in an office like this, you'll see those that are very emotional in their nature and their framework will be the ones that'll pick up the colds. The intellectuals won't. They won't understand why you've got a cold. (laughter)

(Lynne): Boy, next winter are we going to have fun!

(Jim): Well, you just go and you start, think about those sniffles. Think about that cold. And it's real interesting.

That's an interesting point there, too, to check out your chakras because you can begin to sense where your energy is blocked. A lot of times you're going to block energy along these chakra systems. If energy gets blocked at

a particular point, then that's where you're going to have problems in that area. For instance, if somebody's having trouble with any of the world sexually, then the energy is going to block right there at the first chakra center. At the time that it blocks, that's where the consciousness is going to focus and that's all they're going to be able to think about so they're going to look at everything and everyone in the world sexually in some way. Everything is going to be sensual to them. Everybody's coming on to them. That's how they're going to relate to the world and so. Each chakra again, if that's the area that's blocked, that's how you're going to function because that's where your consciousness is focused at that moment. So you want to be aware of that. Look at your body and see where it is you're thinking. See where it is you're feeling and see where it is you're relating to the world from.

If all you can think about is food, then you've got a block here in the solar plexus and you're having a hard time putting into balance your thoughts and your feelings and you're also tending to pick up from other people a lot of their problems and then what you do is you eat their problems. It makes your stomach empty. It feels empty all the time because there's this emptiness that's coming to you from somebody else. I mean, you can sit down and eat a six course meal and fifteen minutes later you can go back and eat it again because that emptiness can't be filled with food. It's an emotion. It's an energy. What you've got to do is deal with it and remove it if it's not yours so that you don't have that emptiness again. The same with the heart. A lot of people who cannot accept themselves on a loving level, or who cannot accept love from other people are going to have a lot of problems in the heart area. They are going to have angina, they are going to have

valve problems, heart attacks, heart irregularities, all kinds of things. This has a lot to do with the self love: of giving and receiving self love. If you begin to feel a tension here, learn to love yourself better, and that will break up the energy and let it flow.

Let me explain the way this energy so that you will have a better idea. The energy comes in from the soul (and I'll explain a little bit more about this later on) and it comes down through the back and then down the spinal cord to the base of the spine. It radiates down as a funnel, and it effects somewhat these higher chakras, but not totally. The actual entry point is right between the shoulder blades up here, and it comes down, aligns itself with the spinal cord, and goes down to the base of the spine. There it begins to effect the first chakra, and it begins to filter energy into that chakra. If it is in balance, then what happens is that the energy will flow up to the next chakra, which is the spleen. If that one is in alignment, then the energy will flow on up into the solar plexus, and so on, and keeps on flowing up in this manner. It kind of bypasses the sixth chakra, the pituitary. It goes through it, but it doesn't activate that chakra totally when it first arrives at that point. What activates the pituitary chakra is that the energy has to go up into the pineal and then it drops into the pituitary to activate that center. So even though the pituitary gland is the sixth center up, it actually is the last center to be effected by the energy. And then what is happening, is that if this energy is in balance all the way up and is flowing properly, the energy then leaves out the pituitary to effect the world and your world around you, which is your aura. It will either go out into the world, or it will go back up into this funnel, depending upon how you are directing your consciousness at that time. If you

are having problems in this particular area, and you are tending to block energy as it flows, it is going to hold right there at that particular chakra. Now maybe if you have 100% coming up, 80% is going to block and 20% is going to go on through. It's not going to be totally blocked at that center. If it totally blocked at that center, then we'd find that the centers above it are going to begin to deteriorate, and major illnesses can occur. Energy always has to be coming into these to keep the body alive, and it always comes into the head centers, to keep the body alive, no matter what else is taking place down here. So, energy always filters in, then begins to feed through just above the heart, and then down, and then up. Are there any questions on this so far?

OK. If we are in balance, the energy will flow correctly, but if we are out of balance, then it effects glands, the nervous system, and it effects the aura around us. Something else that can effect the glands inside of us are karmic patterns that are having to do with balance systems in our bodies. Does everybody know what karma is, or do you want me to explain it?

Karma is nothing more than a system of balance. You have both positive and negative energies in the universe. This doesn't have to do with good and evil, this has to do with positive and negative polarities. For every action, there is a reaction. If you do something in a positive way, there is going to be a reaction to that positive. If you do something in a negative way, there is going to be a reaction to that negative. And you are responsible for every action that you perform. Whatever you perform as an action is what's going to come back to you. For every action that you put out, there is going to be a reaction in the universe that comes back and feeds something to you. So if you put out something positive, positive is going to

come back into your life. If you put out something negative, negative is going to come back to your life. It's interesting, because I was just at lunch with somebody, and we were talking about this process, and he's becoming very sensitive. He said, "In a way I hate the idea of this and being aware of this because I am really learning responsibility in my life. For the first time I am aware of everything I do and how I am going to effect the environment around me." He said that one day he was driving down the street eating a candy bar, and he threw the paper wrapper out. As soon as he threw the wrapper out, he thought, that's going to come back to me someday. He pulled up in his driveway two or three hours later, and someone had dumped their trash on his lawn. (Laughter.) He was beginning to learn the process, that as you give so you receive. It's really interesting how it does begin to work. As you become sensitive to it, and as you begin to deal with your karmic patterns and balance in your life, it tends to come back on you real fast. Where it may take ten years if you aren't dealing in awareness with it, it may take ten minutes when you are dealing in awareness. So all of a sudden you start really being responsible for every thought, feeling, word, deed, everything. The whole idea then, is what you sow, so you reap, as it's put in the Bible.

Now, we get into the past lives in order to get into this further. I do believe in past lives and reincarnation, where the soul can reembody many times. So, then it can grow, and continue to grow in its knowledge and its awareness. In that way, it can go back to God where it came from. I don't believe that we live life from this point to this point and that's all that the soul has a chance to experience of life and then by that God judges them and either you go to heaven or you go to hell. I believe that the soul lives

many many different lives along this period of time that we live in, so that it can learn all these different lessons. Eventually, it comes down and begins to live all these lives and learn all these lessons, and then it goes back up. I don't believe that it can go down and that we are condemned to an existence down to what we call hell. Now if you need to, you can go down in one of these lives or in several of these lives and experience hell as much as you want, if that's what the God in you needs to experience and learn about creation at that level. But I feel that eventually you are going to go back up. If you go out and you really put a lot of negativity into the world, eventually it's going to catch up with you. What happens if tomorrow you go out and you're negative and you're mean and you kill people, and you do whatever you want to do that day, and then the next day you die. Well you've got a lot of things floating out in this universe that are owed to you, whether it be good or bad. In this case, it's bad. What's going to happen with all that negative energy? Is it just going to float there forever and you're going to go on back up and not have to deal with it? No. You come back down and that karmic pattern comes back into your energy pattern and begins to influence you in some way. The way it does it is through genetics. When the soul (I'm going off my lecture a little way... I had another whole lecture planned, but that's alright) begins to filter in to the body, it begins to filter life at conception, but it does not attach to the body until the first breath. That's very interesting to be aware of. Especially when you are dealing with abortion. So if you have the soul energy up here, and you have the child in the womb here, the soul begins to filter life energy into the heart. It's real interesting that the heart, when it is forming, it comes up and around over the head, and then sets into

the chest cavity in the first stages of its development. It is at that moment that the heart comes up and settles into the chest cavity, is the moment when the soul seed begins to filter karmic patterns into the genetic codes of the body, not before. Up until then, it's only filtering light into the body to help it in its production. But at the moment that the heart is seeded into the chest cavity, karmic patterns then begin to filter in to the heart. Eventually, those karmic patterns are released into the blood stream to go out into the body to effect whatever needs to be effected, either positive or negative. The genetic code is then implanted into every cell of your body, and that genetic code carries all the karma that is owed to you or that you owe, so that you will be drawn to go in that direction to fill your karma.

That has a lot to do with the magnetic pull between people. What attracts a man and a woman to come together to become husband and wife, or just to have a relationship? It's the magnetic pull between the two that draw the two together. Or even in friendships: it's the magnetic pull that pulls two people together. That magnetic pull is created by a karma affecting certain chemistries in the genes that create a magnetic field around you and around the other individual who is also carrying similar magnetic codes, and you two are pulled together. Now the karma may be that you owe each other something, and so the code is going to be very identical, and it's going to be a very strong pull. That often ends up as a very strong relationship at some level. If it is that this person has a similar lesson to learn as you, the code is a little bit different. The pull is not as strong, and you tend to walk through life as a friend, learning together, sharing your experiences, and helping each other back and forth that way: when this one's down,

this one might be able to help them out. But it isn't a sexual relationship; it isn't a strong love relationship; it's just a strong bond of friendship. The genetic code, then, is carried throughout the body. When the child has been born, what happens is that those genes are carrying the code. Often the code isn't released until the seventh birthday.

End of side one, tape one

Jim Gordon Talk

Staff Meeting, August 1, 1985 (cont'd.)

...it has the right to withdraw of its own will if it chooses to, because the child, the soul, has decided to pull out.

(Jan): It got in and said, it's not for me?

(Jim): Right. Either it has come in and decided that the karma that the soul has decided to deal with cannot be complete; the patterns around it have changed and the direction that it is going to go cannot be complete, and so the soul will just pull out. That's why the child has a soft spot on the top of its head: so that the soul energy can enter and leave whenever it wants. That's why a child tends to be much more aware of devas, angels, all these different levels of life that, as we grow older, we lose contact with. This is why often children have invisible playmates; because they are still attached vertically to the soul much more, and have a greater awareness into these dimensions, because that soft spot hasn't closed up yet and closed off the influence of energies coming in to the child.

The karmic patterns when they begin to be released will effect the body

magnetic field in your aura that will draw to you the events that you need around you. For instance, you may have a great job and things may be going real good, and the next day the genetic code changes and releases the karmic pattern out in the world that in another lifetime you owned a business and you treated your employees really rotten. So the next day, your boss begins to turn against you. Eventually he fires you. It is because the genetic code has released into the body a change in your magnetic structure, so that he's going to respond to you differently, and he won't know why, but boy, will he respond. When that genetic code is finished and completed and the genes then release a finishing mark of that karma, that magnetic field will change, and the next day the boss will look at you like he did before. Because the code again, has gone back, either to the original state or to a different state where people will be more receptive of you. It also effects the physical body that way in that if you had a hard time with love, with giving of yourself or receiving of yourself in another time, then you are going to have genetic patterns that will tend to effect the actions of the heart physically, or on other levels. This runs throughout the whole body. Are there any questions on this?

Let me go into the aura and that will explain a little bit more about karma and genes. The next page gives you an explanation of the auras and most of the time when you hear somebody talk about the aura, they are either talking to you about the double etheric level, which I've got drawn around the physical body here, or they are going to be talking to you about this area right in here, which is the astral. This is the area that most people, if they are clairvoyant, can pick up the easiest. To go beyond those levels,

you have to have more soul awareness to begin to perceive those levels. So most of the books you read, most of the material you will ever hear will be about the double etheric and the astral bodies. All the color systems you hear about will usually be in these ranges, and not above that. I'm going to talk to you more about the overall aura and how it effects you.

Within the universe, the physical universe, you have five different levels. You have the physical, you have the astral, you have the causal, you have the mental, and you have the etheric. Now we're just aware of this area down here mostly, the physical. The level of the astral has to do with imagination. The area of causal has to do with emotions. The mental has to do with the mental or mind; the etheric has to do with the unconscious. When you are dealing with these energies, you are dealing with different levels of vibration, and so if you begin to be sensitive, you will be able to tell what different levels you are working with within your own aura, and even be able to tell eventually, what level of energy you are dealing with in other people's auras. When you are dealing on an astral level, you are dealing mostly from the level of imagination and emotion, because it overlaps into the emotional body, which is in this area here, the causal. This is where the brain center of the astral body is, right here, and often times you will hear about astral travel. This is where the mind and the body of the astral is, and where it moves out of the physical into the dimensions of the astral, to be able to experience at those levels. This is not only the first mind of man, it is also the astral mind of man, where he deals in astral levels. This is where his creative imaginative level lies. If a person is very creative, full of imagination, they come from this level. Often you find great writers -- Spielberg deals a great deal with this level, but he

combines it with the higher level of the mind to bring down a lot of other awareness besides that. There is this overlapping of the mental with the astral and the causal and this often happens. Let me express this: the double etheric body is the one most healers try to influence the most. Why? It is because the double etheric is the lowest energy field spiritually next to the physical. When the soul is impressing on the child in the womb its development patterns, it's impressing it not in the physical cell, it's impressing the double etheric. The double etheric is like a mesh, like a web. The soul implants the magnetic field into that double etheric and the double etheric then draws the physical atoms necessary to create the physical body. The physical body then is built over this double etheric. It looks just like a physical body but it doesn't have a physical form. It's an etheric form. It doesn't have a brain or organs, it just has energy fields reflecting its magnetic polarities that are taking place in the body at that time. When a person is going to have a karmic release for a illness or mishap or something to happen in their life it first reflects in the double etheric before it ever shows up on any level physically. What happens is the soul releases the karmic pattern. It moves through the different levels of your being until it finally gets to the double etheric. Then the double etheric impresses the action into the physical. So, if you're clairvoyant or if you could develop machinery or instruments which could pick up the double etheric you could detect what is going on in the double etheric and know what is going to happen in the future for an individual. Usually an illness will show up six months ahead of time in the double etheric before it effects the physical body. It would just depend upon where the energy pattern is in the double etheric as to how it's going to effect the physical body. So, if you

know where the break is in the double etheric you know where the problem is going to be and you can begin to treat that center through color therapy, such as we talked about with the different colors in the chakras and keeping those energies more alive and vibrant, working on a person's consciousness so that they begin to deal with balancing those systems, and in this way you can affect a healing before the illness ever comes into the physical body. Or if it's got to manifest because karma states it's going to manifest then you can at least buffer it so it's not so intense and they can work through it much quicker. Where an illness may take three to five years it may only take three to five months, three to five weeks, or whatever. I have seen some cases where it's three to five hours and the karma is released and they are fine. I went through that in Luxor, Egypt. I was going through a karmic pattern in Luxor and it was a karmic pattern that could have lasted up to seventeen years. I got through it in seven hours. But it was a horrendous seven hours. It was like seventeen years. If you can begin to deal with the double etheric at this level you can do a lot for yourself, a lot for other people. If you can begin to be sensitive to your double etheric alone you can begin to see what is going on in your body and begin to deal with your self in a very responsible way. Have you ever sensed, I used to see it in church all that time, that's when I first became aware that I was seeing these things--have you ever seen what a light image, a fuzzy, hazy image around somebody. You might think your eyes are going out of focus or something. That is the double etheric. That is not blurred vision. It is an energy field that will radiate anywhere from three to eight inches around the physical body depending upon the person's level of health, energy and the way that the chakras are functioning at the time. You can tell how the soul

energy and energy fields are functioning by the way they're constricted or expanded. If they are constricted that means that there is a real stress interfering with the flow, that there is a problem. You immediately begin to find those breaks to see what it is that is happening. From there if you're clairvoyant you just follow the break out from the level of the soul and there you see the kind of patterns they're dealing with. What happens when a person isn't soul aware but they're giving you a reading, when they look and see a break what happens is they will follow the aura out usually into the astral or the causal or the mental level and there they will begin to see what has happened karmically.

The Akashic Records that a lot of people talk about lie in this etheric level right here. There is a reflection of the Akashic Records in the astral. So, you can pick them up on either level.

The double etheric also acts as a level of unconsciousness awareness. It is a buffer, a veil, a boundary. It is created around the physical body so that we are only aware of the physical. We can't really see, we can't really feel, we can't really intuitively receive outside of our physical level until we need to do so, until we advance ourselves enough here in the chakra system to begin moving out beyond that level.

The etheric level has to do with the unconsciousness and it is also reflected in the double etheric as a buffer around the physical body to keep us from knowing our past lives, our past karmas, any current situations which might effect our actions so that we will deal more responsibly with who we are right now and not live in the past or not live in the future or not live. We may be a beggar today but we may have been a king yesterday. We may be a good beggar today and we really give love through our active

begging but if we knew we had been a king we might go out there with resentment, "Look, I was a king in another lifetime, give me some money" because we think we deserve it then. That barrier is there so that the soul can continue to experience, live and grow in the physical body without having all this other effect the growth pattern it's trying to obtain right now.

What happens as you begin to do meditation or any kind of spiritual advancement you begin to see the double etheric expanding to a point that it moves out and your consciousness moves out with it, your awareness moves out with it until finally it's not a veiled past not it's not that barrier, it actually becomes a channel of communication. Instead of the double etheric radiating like this, so that the energy is closed and comes back in, the energy radiates out and out and out and it actually becomes like an antenna or a connecting point out into these other levels of your self and the universe so that you become more receptive. Until the time that you're ready to do that or until that time through drugs or through some improper meditative practices that you can practice, this energy is going to flow out and up and it's always going to be a closed circle. That's what the double etheric is, a closed energy field blocking your consciousness right there. Now you can cause this to break open through doing certain types of exercises, yogic exercises, either physical or in meditation that effect these chakras individually. What happens is if you are having a hang-up with a particular chakra, say, for instance, it's the heart and you're really not dealing with love properly then you really want to get spiritual with that and you begin to meditate and you open this chakra, then you open this one, and this one and you get to the heart. When it gets here, that energy locks because you don't know what to do with it. Instead of just flowing natural-

ly, you block it at that point, and the energy ruptures. So what happens is then you open to the universe at that level, but in a very unbalanced state, not in balance. Then this energy opens up and you actually have an energy that radiates out, but it radiates out and down, rather than up toward higher consciousness. You get locked into these lower chakras at that point, and you begin to live out of these lower chakras. Great ailments and all kinds of things can occur. So it's good to be aware that if you are going to do anything on any level of the chakra system, always do it with the idea of balance in a gentle manner. The best way to do it is to just allow it to happen naturally, by focusing your attention here, and letting these centers influence these lower chakras.

The causal body exists right in this region here, and has to do with emotions. It is an energy that overlaps, or it is created, rather, by an overlapping of the astral, the imagination, and the mental energy. It is actually a point of communication between these two levels. If you want to really develop your imagination in a very mental, real way, the best way to do it is through feeling, through this causal body, by taking and beginning to feel something in the imagination state. For instance, lay in a dark room at night by yourself, and begin to think you can feel somebody in the room. Once you get the feeling, the mind will take over and it will tell you all kinds of things that are in that room, but you have to get the feeling first. That's creative imagination. If you take the astral energy, imagination, and attach a feeling to it and really get it going good, the mind will walk in and build from there, and you've got creative imagination at the highest level possible. That's what inventors do. They take this astral imagination, they lock into a feeling, they really want to create something,

but they don't know how to do it, they don't know what it is; so they lock into the feeling, and that feeling begins to expand and grow until finally the mind is activated enough that it begins to draw upon that energy and you create whatever it is you want. Edison was very good at that, and it's very interesting, by inner levels to go and look at his aura and to have studied it, because you can see how just to go from the level of the astral mind it would just cycle through here like so in his aura, until finally it would build up so much energy that it would just explode up here and go into a creative knowing, and then he would be able to do it.

The way you can effect on healing for someone is to first be aware of what caused the ailment. To do that you've got to be able to see all the different levels of the aura in order to effect the healing properly. Now if you were to develop an instrument, you would also probably have to have somebody there who would also go into the karmic patterns of what is taking place in the aura, or give you enough of a code of what is taking place from the soul level, so that you would be able to detect what is taking place. If a person is ill and they carry their karma out to its fulfillment--let's say for instance their karma effected the throat and their thyroid became so weak that it wasn't functioning anymore and they got obese. But the karmic pattern ended and the energy has changed here, but the gland is not functioning properly because it has just withered, it has atrophied, then they are still going to be heavy, even though the karmic pattern has ended. If a psychic healer or a spiritual healer comes in and sees this has atrophied but there is no karmic pattern there anymore, they can go in and energize it and activate it in such a way that the gland comes back to life once again. It may be in a period of minutes, it may be a matter of weeks, it may be in a

period of time. Now it can be done in many different ways: by energy activation; by using color to project in these areas to create a balance in that chakra that is low, for instance, you would project a lot of blue in this area to create a balance, along with green -- you always take the color below to carry the energy up into the center that is weak, so you would use green with blue so that you would pull the energy out of that blocked focus and keep it flowing and moving through that center so that it would begin the healing process. You wouldn't just use the one color of blue, because then all you are going to do is block the energy here once you get it activated. So by creating the flow and keeping it stimulated, it's going to open it up.

Another way that karma can be eliminated either through psychic healing, or through color therapy, is if a person is in a karmic pattern, and it hasn't quite been lived out, but it's almost to the point of being lived out, if someone is aware of it, they can go up and jar the karma loose in them and disperse it somehow by putting the light into it, spiritual light, and dissolve the karma. Often a person will get to a point in their karmic pattern that they are right down to the last 10%, and all they have to do is get the last 10% dealt with and they are going to be healed, and they won't let go of it, because they don't know what's outside that 10%. So you have to go in there and you have to shake it up a little bit; just shake them so it gets loosened up and freed. Then they have to take the next step themselves, and that is being responsible for their body, either through nutrition, through exercise, whatever it is going to take to promote the healing for themselves. Often they are at a point where the healing is there, but they don't want it because they don't know what is outside of it; they have lived with that ailment, that condition for so long that they are

comfortable with it. Why change it? But if you can just go in and jar it up a little bit and give them the responsibility to go ahead and take the next step, they can walk through it and out of it. Are there any questions so far on this?

(Bruce): Explain a little bit more about the psychic healing process; how long that would take.

(Jim): Well, if you are really a good psychic healer -- and I really want to say more spiritual than psychic -- there's two different levels of healing that could go on. You have the spiritual realms where the soul resides and then you have the physical universe in which the body resides, and they are very separate. They are very different worlds. The holy spirit comes in to the physical universe and it attaches itself to what is called magnetic light, and then travels on down and flows throughout the physical universe at whatever level it needs to in order to create an action of some kind. Now if a person is a spiritual healer, they are going to attach themselves to the holy spirit and use magnetic light to create a healing, to release karma, to create a flow of light, color, and energy to bring balance into the aura. If they are not spiritually aware, but they are psychically aware, they are just going to use the magnetic light down here. It can create a different kind of a healing. If you are using this type of energy up here, a healing should take place in 45 seconds, or it's not going to happen. The person isn't ready to let go of their karma, or the soul that is being dealt with here is not ready. The karma needs to be lived out longer -- the soul has decided that -- and so what it does then is that it takes the energy that has been put out and it stores it here in the soul until it can come in and effect a healing. Then it might filter into the consciousness very slowly, step by

step, until they become responsible for themselves and create a healing for themselves. Or the energy will wait until the karmic pattern has been lived out and then it will go in as a burst, heal them, and they'll go on with their life. If you are a psychic healer you may sit there for hours working with an energy, trying to break up a patter. Because you are dealing with a magnetic light and it's a physical image--it's not spiritual--you're going to have to take a hammer and break up the crystal. You can't do it with your fingers. You are having to take a physical energy and go in and break up the physical karma.

With spiritual light, it comes in and dissolves the karma by putting light into it and raising it to a level that doesn't have to be lived out anymore. If you are a psychic healer you are going to go in and you are probably going to break up that crystal of karma and cause little chips. As you break it up you are going to have all these chips floating around. As it breaks up, they're going to feel instant relief, they're going to have an instantaneous healing. However, you have all of the chips left. They are going to float around until they settle somewhere else in the body, or in the aura, and then you have karma all over again, illness all over again. Really, you have done nothing more than cause them to delay getting through that karmic pattern and on with their life. That's the danger of psychic healing versus spiritual healing. Does that explain your questions?

(Bruce): How can one tell the difference then?

(Jim): Boy, that's hard. When you are dealing with the holy spirit, you are dealing with spiritual light. You can't see it, you can't feel it, you can't taste it, you can't touch it; it's just not there as far as our physical senses. The only way you know it's happening is that there is a reaction in

the physical somehow. With psychic energy, psychic healing, with magnetic light, you'll see quickening of the flesh, you'll have chills, jerking of the body, all kinds of electrical discharges that cause nerve reactions in the body. The spiritual light, the holy spirit might attach itself to the magnetic light and actually perform the healing in that way as well. So you may have chills, you may have jerking of the body, you may all of these different things -- people passing out -- with the holy spirit coming in and attaching itself to the magnetic light to do the healing. So you really don't know unless you are aware, unless you use your awareness.

(Chuck): I think you and I have talked about this, Jim. It's part an enlightened aware person can discern the dynamic between the soul, the holy instant, and a psychic phenomenon. Another thought I had was that Freud intuitively knew this whole concept of generalization. Psychiatry could cure one phenomenon, and it could not cure at a higher consciousness level; it re-manifests in some other type of psychotic dimension. He was intuitively feeling that there was something in there that we do not really get. We didn't understand what was happening.

(Jim): That's it, that's what happening.

(JEF): Jim, could this background from the standpoint of the energies that you are talking about . . . in the development of electronic equipment . . . some of the phases in the electronic device could be useful in bringing about some of the positive results that otherwise you would not be able to attain on the physical level, but by the aid of electronic equipment you could. Isn't this one of the goals of the electronic experimentation?

(Jim): Well, one thing you could do is -- Well, first of all, you learned about the device that could detect an aura if possible so you could see the

different levels, at least the double etheric. Then you could begin to detect what the illness is all about, where it is actually located, then you would have the first level of what needs to be done. Then by using devices such as color projections, electrical stimulation of certain areas -- not shock treatment -- that whole idea of shock treatment really was spiritually developed, but it was misunderstood. It might be an area that might be reevaluated if they could get the original papers and look at it, I think you'd understand shock from a whole different view. It was actually meant to just go in and stimulate the nerves in the body, and to recreate an alignment of the chakra centers. Somebody took it and misused it. I could just tell you some of the devices I see on the other side. You'd want to have something to do with color, light, and energy.

(JEF): I think these are the fundamentals which is the starting point of the Foundation, actually, because this is what our research is all about. That's why the ?? that you have given is very excellent. Now, where do we start to bring it over to the scientific level? That's the challenge that exists here: how do you reduce it down to something very very tangible that you can make a starting point toward research that will bring it down so that this does not boggle the physical mind of . . .

(Jim): Well, if you could develop instrumentation that could detect illness by looking at the aura -- diagnostic equipment -- that would probably be the first level. If you can prove to the medical industry and scientists that on a regular basis this can be done in this manner, that would be the first way to get in there and have people on your side. Then you would have to go in and find a way to create healing.

My challenge is, within myself right now, is I am wondering if you are

always going to have to have the human potential involved with the machinery, the human energy, the dynamics, going on between two people, rather than just a person and a machine. I'm not sure. Because when I see a healing and when I deal with healing, it's usually developing it from the soul level and projecting through a physical body into another physical body to manifest a healing. On a machine level, it's going to be something totally different. The way I look at it is this: If you are going to use a machine over here on a person, you are also going to have to raise that consciousness of a person in such a way that you teach them about nutrition, about exercise, just the care of the body. You are going to work on their consciousness and take them out of the state of consciousness that created the illness, and raise them to a level that will give them health in that area. Now it might not be that it's taking through a whole psychological battery. It may just be one little area that they need to work on, but developing a way of knowing what area needs to be worked on. One way to do it is by knowing the chakra that is really out of balance, and working at it from that level. Then giving them the physical, emotional and mental, then taking it one step further and giving them some sort of inspiration. I'm not saying spiritual necessarily, but just something that will give them a way to look at life differently and carrying through their life. Because a lot of times this can become a negative once again. If it isn't worked out properly in themselves, they will filter back into the old patterns.

(JEF): Isn't that where the merging of science and spirit comes together?

(Jim): This is where it's meant to come together.

(JEF): Right. In other words, a diagnostic experimenter in the laboratory would probably go nowhere. Whatever that experimenter is, if he has high

technical knowledge, he has to have some degree of awareness to accompany it. That would be where somebody like you would have to look over his shoulder once in awhile.

(Jim): It might help. (laughter) But this is where this whole energy pattern here, like with Edison and other individuals, when they take the astral, emotional and mental, and combine it into a creative energy, the diagnostician could actually be working on these levels, if he knows how to focus his energy and deal with that on a regular basis. He wouldn't have to be even aware on a soul level, all you'd have to do is just be very highly motivated.

(Jan): Do you foresee such a machine as a piece of equipment that can read the energies being given out by the individual chakras as well as the overall? -- So that you can go through and literally test first, second, third, fourth, and just go up the ladder until you find the block.

(Chuck): It's already being done. The work at the Fetzer Institute, we are already into the plexus area and the electromagnetic phenomenon that occurs in the plexus specific nervous centers. A lot of it was developed by Dr. Motoyama in Japan, the AMI Device. I think that that will be the initial point to get into some of the more sophisticated studies I think that Mr. Fetzer is implying in his questions. It's sort of gotten us grounded and we can start to explore the areas that Mr. Fetzer and Jim were talking about.

(Jim): Something that is really interesting now is . . . they work a great deal with the human brain. There are twelve centers in the brain. Twelve on each side, actually. Seven centers relate to the chakra system, five centers relate to the levels around us, counting out -- astral, causal, mental,

etheric, and soul. So you have twelve and twelve on each side. If you could develop a device (or a device could be developed) that would be able to detect the different centers spiritually that exist in here and how the chakras are registered up here, that might be a very easy way to detect the energies that are happening throughout all of this level. But it would be a matter of developing an instrument. They have it on the other side already in the astral level. Now, I told you earlier that illnesses or karmic patterns move in this way. Within the physical body of the earth the energies move in the same way. If you look at the physical body of earth you have in the northern hemisphere five major centers, in the southern hemisphere you have five major centers, and one at each pole creating twelve centers on the earth. Seven of these relate as chakra centers, five of them relate as vortex energy entrances into other dimensions. Just as the physical body of man is a vehicle through which the soul can live, so the physical body of earth is the residence of intelligence, a soul. It also has astral bodies, causal bodies, mental bodies, etheric bodies and a soul body. Its energy also moves in and through these centers creating its karmic patterns that need to be unfolded as well. Frequently you find intelligence living out in other dimensions creating instruments and filtering this knowledge down this way that then come in this way and effect us in some way inspiring us or whatever.

(Chuck): A couple points. The schematic that Jim just drew in the lower area because people will look at us and say "Why do you want to study electromagnetic effects of biological systems?" This is the reason. It is a very holistic, earth sensitive, universal sensitive concept--looking at energy. A very interesting point on the top schematic is long before

Mr. Fetzer ever knew Jim Gordon or any of us he made up an association with Jim Hardt on the West Coast and both Dr. Hardt and Dr. Devins at the University of California are doing the pioneering work in preparing the first phases of our ability to study the brain, to measure the brain, and then interface that into other telemetric and technological systems to assess the chakra phenomenon. So you have Hardt and the others providing all these pieces that will eventually flow in and then the Mike Valdez's of the world will come up with the new technology--the computers, the software--I'm making that point because it is interesting that somehow Mr. Fetzer was putting together various pieces as we walked along the path and now it's becoming articulated with a more organized plan. It's becoming to come together.

(Jim): The device already exists. It's just a matter of somebody picking it up as it comes into the physical universe. This is why often five or six people will come up with the same creation, the same idea, at the same time. The energy comes in, hits the earth at the same time, and they just revolve through that knowledge and pick it up, if they are sensitive to pick it up, and create it. It is interesting, these centers tend to be over major areas of disturbance in the world, such as the Bermuda triangle.

(Lynne): We always say the physical world is complicated.

(Jim): I always say that when Mother Earth gets an upset stomach the Bermuda Triangle gets in an uproar it swallows up people. I don't know. . .An electromagnetic storm is created by a disturbance of karma being released in the earth. That is what happens over here when karma is released in particular areas it causes an electromagnetic storm in the aura and in that chakra center to cause that karma to be released and to manifest. It's very interesting how the two interrelate. If we can understand one we can

understand the other very easily because they are very similar. It is simply a matter of understanding. Then too, you begin to realize how you affect the earth. Every thought, every feeling, every action you perform, not only effects you physically, you chakrically, you aurically, it also effects the physical body of the earth, the chakra body of the earth, the aura body of the earth. What's happening now is that karma has been built up over a time so much by man effecting the earth that the earth is now about to release its effect upon man and say "OK, I've had enough." So then you have volcanoes, earthquakes, major storms, you have a lot of destruction. Earth is getting back to man, "As you sow, so you reap." So be prepared for that because that is going to happen. If we could understand this over here we could then begin to understand this from a distance with devices, look down and say "OK, in the double etheric of the earth right now over California there is a major break in the aura. That means something is going to happen there. There are no volcanoes in that area so it must be an earthquake." You see. It would be very easy. That is how, if you are prophetic, you do it. You go up, you look at the aura of the earth and you say "Let's see what is over here, let's see what is over there?" Then you comment on it and you know what's going to happen. It's very simply done. So once you've got this understood, it's very easy to go and make it work right here on the earth and get that into balance as well. So you could actually heal the earth and all of the destruction that has taken place there just like it can heal all the destruction that has taken place in man.

(Lynne): But the big question is will mankind or will the earth ??? In other words, if we know ahead of time, like from the double etheric, what can happen. . . Like now, people are told they shouldn't smoke because that

causes cancer, and there's all kinds of evidence and people keep puffing away. You know, it's the same kind of mentality.

(Jim): That's where you work with nutrition, exercise, consciousness, and inspiration. All of these different things have to be dealt with in order to promote a . . . You can't just tell somebody to stop smoking. You've got to give them some sort of motivation or inspiration. If they really care for themselves and love themselves, they'll do it because they want to stay healthy. So what you have to do then, is go in here and start teaching them how to love themselves. . .

****End of side two, tape one****

Jim Gordon Talk

Staff Meeting, August 1, 1985 (cont'd)

. . . and into others. Then they will understand what they have to do. If you just go up and you just tell them right into their mind at their solar plexus, "hey, you should stop smoking!" it's going to be like you hitting them in the stomach, and they are going to fight back: "oh, no, I don't have to!" Because you hit them where they think and where they feel. But if you can do it in a way that is gentle, and caring and loving, you are going to promote healing on all different levels of the physical body of man, and the physical body of the earth. One thing that will have to be looked out for in research and development or in your own personal lives, is that you've got to have caring, loving action. Without all of that manifesting in whatever you do, none of this means anything. For you personally, or for anyone else.

It's the caring, loving action that's going to heal. A lot of times it won't even be the instrument doing it - it will be the loving, caring action that somebody put into developing that piece of machinery and building and testing that piece of machinery that will do it. Just the energy of love put into it is going to do it. But they won't know that - they will think it was the machinery. If you could take a tablet and really put caring, loving action into a tablet - a placebo - and give it someone, you could cure cancer, you could cure heart attacks, you could cure anything because that's the curing energy. It's not penicillin, it's not chakras and it's not colors.

JEF: If you'll pardon me, I want to go out to the Upjohn Company. (laughter)

JG: Well, don't take your money out of Upjohn just yet - they do do some good. The this is - in the process of all this you've got to get into the person here that they are not going to give their help and their healing and their cure into somebody else's hands anymore. They are going to take responsibility for it. That's going to be the process of education. Teaching people that they are responsible for it. Working in a health food store, we use to have people come in all the time and they used to have flu, a virus or even cancer and they'd want to come in and have us say what tablet - what cure - what vitamin - what pill is going to heal me. When they go to the doctor and he gives them something to cover up the symptoms and they feel better, but really they are not healed. It's just covered up - they don't know why they're sick. They think nutrition is going to do the same thing and you have to educate them to the fact that this is a long, long process of

rebuilding - it will take time and it is going to take you doing it. And this is where you are going to have to educate these people. Even though the machine may be affecting their aura, it may be affecting the energy of the chakra system - if they get up and walk away with the same consciousness that they went into that machine with, it won't last very long.

It's just like with a chiropractor. You can go to a chiropractor and get an adjustment and you will feel great for 40-50 minutes to an hour. And then all of a sudden you will go right back to where you were before the chiropractor. The reason for this is that the muscles are weak and the adjustment you just got isn't going to hold. It will go right back where it was before you went in. You feel good for a while because the adjustment was made but unless you strengthen those muscles to hold the adjustment, the chiropractor will make a good living off of you. But if you do something to strengthen those muscles, after a while you won't have to go back to the chiropractor. You won't need him. He'll call and say, "Hey, where are you - you haven't been in for three weeks." But that's all right - you're healed - and he can take care of others at that point. And that's what you're going to try to do here is show people how to strengthen the muscles of caring for themselves, of loving themselves, and of putting that energy into action for themselves. So that whatever healing you promote physically, through machinery, will hold and they'll walk out healed.

CES: The way we interface with the scientific community is to say, "We hope to give the patient a sense of well being." That's the buzz word that's used today. It's sort of the spiritual and physical bridge - well being. It's the sense of self well being, self caring, self loving, self action.

Rather than have some religious controversy, you just say you give this person a sense of well being. And Jim's philosophy outlines that very well.

JG: Something else I've put in the material for you is a list of colors and how they help promote healing in certain areas. It will give you a little understanding about how colors do work in the body and how they can affect certain areas. You might also want to stop and think about how we use color words today. Someone comes in depressed and you go - "Gosh, you look blue today." What's wrong? If they're real energetic, you'll say, "Wow, you've got a rosy glow about you - what's happening with you?" Their energy's up - they're moving - they're dynamic, they're feeling energy coming forth from that center right here - it's red and rosy and really going good. If they're afraid, they'll be real tight around this area and yellow with cowardice. Or green with envy if they want something they don't have. They long for it from the heart and that green, envious color comes forth. All these different colors relate and we all pick up at some level it's just a matter that we're not aware of it. We learn to be aware of it. All you have to do is expand your consciousness - expand your awareness. Begin being aware. Next time you say someone looks blue, try to figure out why. Tomorrow when you go through your closet, see what appeals to you color-wise. Women have a better chance than men. You can actually begin watching how you think by the color that you put on that day. If you feel you're having trouble with self respect, wear orange that day and pick yourself up. You may find a bit of a battle in the beginning but it will pick you up.

CES: Someone asked how the technology would work. What Jim is portraying

to you now is...say you wanted to heal soft tissue with color. Right now, they say there are five, six or seven thousand hues. What that means is that technologically we've got to do the research to figure out how to measure, test and implement diagnostics. Bob, that's yours.

BD: Oh heavens.

CES: To find the six thousand choices that are available and apply that therapeutically. That's the kind of work that's ahead if you are going to apply that kind of dynamic in healing. A lot of technologies have got to come together and think out how to do that.

JG: Something I'm doing just to try to promote some level of healing action in the world is working with an artist. We're working with laser holograms and color light projection. We've developed a piece of art work out of glass and seven different metals that carry a different vibrational pattern. The glass has been sent through a laser to create a hologram and it projects all these different colors. As a person walks up to it, they see themselves reflected back in this piece of shiny metal. But they are also seeing the color of a hologram reflected back as well. So they see themselves in all these different colors and that affects the consciousness. It affects these different centers of the body and activates these different centers. It can promote healing and balance. We are working with MIT on this and one of the scientists at MIT has created one for his home - a small one for his desk. He says, "I don't know what it does but it does something for me." So he knows it's happening. He doesn't know why we're doing this.

The artist doesn't even know yet. But it's happening and even scientists are realizing that color can affect mood, how they feel and respond. So it's happened. It's a step.

JA: It's really interesting. In the last two years the whole concept of color analysis - skin, hair, clothing - what are your good colors? That whole thing is a fad right now. It really just started a year and a half to two years ago. It's not just dress for success now, it's dress for success in the right colors. People are really becoming conscious of it. It's talked about in cocktail bars. It's no longer little esoteric knowledge shoved away in art departments, it's cocktail chat.

LD: But it's not for raising consciousness - it's fashion they're interested in.

JA: Yeah, but it starting there.

JG: The way it influences, the way it affects the consciousness and make them be aware and pay attention and to take care of themselves - a level of color. I have also worked with a Beverly Hills psychiatrist. He deals a lot with heart patients because out there is a lot of stress and strain and out there they are very intellectual and they haven't learned to love themselves and the whole routine. So, he created a set of offices of different colors of blue, green, yellow and orange just to see what would happen with them. This was about ten years ago. He would put people in there according to what ailments they were having and he could detect changes in them. It was funny

because some of those he put in the orange room would say, "Do you have another room I could go into?" They didn't want to have to deal with that. He knew they needed to deal with self respect. He said that 9 times out of ten the ones he knew that needed to deal with self respect would go out and ask to be switched. He began to notice that the heart patients really responded to the green and the blue. He began to see changes in the way they reacted to him and his treatment by keeping them in that room. So there are things going on at the at the color level.

BF: When you're talking about the environmental effects, you also mentioned sound and light.

JG: Yes, sound and light are the major activities of the universe. That's how creation came into play and that's how creation will come to its end - through sound and light. And it began through light. The activity of the Holy Spirit coming in to the physical universe is expressed as light. At the end it will go out as sound. The soul also - when it comes in, it comes in to the physical universe through light action and it goes out through the sound current. We can promote healing through light and sound. Light and sound are just vibrations of energy and motion. It's energy and motion at a particular vibration. So by having light and sound, you can affect these different centers. But you will have to learn the harmonics of these different centers and the harmonics of the brain that are going to affect these different levels of the aura. You can affect them through sound. That's interesting because a lot of people who are more of the feeler active, not so much the clairvoyant or the visual or the intuitive, are going to be

affected by sound more than they are by any other because they're going to feel it. Whereas, somebody who deals more with a visionary is going to be more affected by color - by what they see. The intuitive is going to be affected by what you teach him. So you see, when you have a healer, you have to have availability on all different levels because you're not just teaching one person - you're teaching all kinds of people.

I always teach that there are four different kinds of people - the intuitive, the visionary, the feeler and the prophetic (which can be a combination of any or all of those). I call them pathetic prophetics because they really don't understand themselves. Often they'll be dealing from one level one day and another the next. It's kind of pathetic to watch them because they are wandering around the universe going "What do I feel today? Lets see." So you are going to have to educate people to at least deal with the healing aspect on these three levels. To promote healing, you need to reach them on all these levels. Interestingly, they may be totally visionary but at some level or other they are feeling and intuitive as well. It may be that they will block, consciously or unconsciously, the visionary level because that's how they deal with the world anyway. That's how they first shut you off. If they don't want to see what you're saying - don't want to see what you're doing to them, they can't see. So then you have to hit them with feelings so then they go "O.K., O.K., I see what you're trying to put across to me." Get them where they hurt.

CES: A neuro-linguistic programming is a whole new science. It's the approach that Jim is presenting to you. It's not quite as hot as it was for a while but it's a whole new body of knowledge that makes therapists recog-

nize that you've got to be more sensitive to themselves and to the different levels the patient can come from. You have to be able to - first, recognize it and then be able to feed back and assist the person where they're at, so to speak. It's a very significant body of knowledge that's evolving all over the world and in our country.

JG: The one danger with this is that this class will take this list and walk over to this picture (Douet-JEF) and say, "Well, let's see." (much laughter)

JEF: I think I'll take the list over myself and see what's going on.-
(laughter)

JG: There's also something else called Kundalini - the fire of the soul. When man first came into physical embodiment he wasn't totally physical, he was etheric physically. He was not quite all physical in structure and the doorway to the inner planes was much more open. The subtle energy then moved throughout this area up and down very, very freely. In the process of that, the creative energies that are now based at the spine - the reproductive center - flowed throughout and man could create at all different levels. He could create through his feeling and his desire to have. He could create through his loving action. He could create through the spoken word. He could create through his spiritual activities of the spiritual centers of the brain. But eventually man became so physically oriented that the double etheric closed off to where man only saw the physical universe and those energies sat at the base of the spine and didn't move up anymore to create a

flow. So man only became creative in a sexual, reproductive way. He no longer could create on all the different levels. If you want to become truly creative on all the different levels, what you have to do is go into a form of meditation to raise the energy back up through all these centers.

What you do is focus your energy at the third eye - the pineal center - the crown chakra, here. It's funny, because the moment you close your eyes your consciousness goes right here for a second and you can see it in somebody's aura. It goes right here but then they go back out in the world and go back down again. The moment it's lost and they go back into their own self - their own pattern. If you can begin to hold your focus here longer and longer and longer, what's happening is that the energy begins to move back up along the antecorranal (?) - up this channel once again to this center. It's very slow in the process if you do it right. It's very destructive if you try to do it too fast because you'll blow some circuits and you'll have things out of balance. But if you do it properly you can promote all kinds of healing, all kinds of activity throughout your life on all different levels. By holding your focus right here and allowing your energy to slowly move up...what happens is that our consciousness is mainly focused down in the world - the physical universe - so the chakras, when you look at most people are focused like a flower. They are focused more down, like this, because their focus is all into the world, giving the energy out into the world at some level. If you begin to focus this energy up here and hold it for a period of time each day in meditation, what happens is that the flower begins to move slowly until finally it is sitting in a position like this. Then what happens is that you become receptive, not just so much giving and lacking because you're empty, in other words. You become recep-

tive and then the energy comes down and fills the chalice to overflowing and goes down to the next and the next until finally the light of the soul fills all these centers and then the chalice overflows throughout all and you're creative on all levels. At that point, then the kundalini stays raised to this center by the pineal and you become soul aware. You live on all different levels of yourself and in all different dimensions and you can be at any place in any time in any space that you want to be in. All you have to do is focus your creative awareness. It's not consciousness anymore - it's creative awareness.

So, you yourself can begin to experience all these different levels of activity - astral body travel, mental dynamics of the mind expanding and being aware, you begin to sense things coming into your aura, you begin to see karmic patterns being released in your body (the way you'll know it is through dreams) But you have to focus the energy here to do it - if you focus it here, here, here, here or here you're only going to block and maybe explode and lock your consciousness there for the rest of your life. Let me tell you, there are a lot of people walking around that are locked right here, right here, right here, and a few right here - either because of past life activity or this one. There's a yoga practice called kundalini yoga and I'll warn you against it - it's very dangerous. Even the man who developed it almost died - he was in the hospital for seven months after he raised his kundalini the way he practices it and teaches it. He ruptured some of these chakra centers in the sense that the energy is now broken apart - it's not a whole center anymore, so physically he is hurting somewhat.

CES: That's something that can happen with a mystical experience - this

exploding - losing touch with...control over it...and it controls you...you have to serve it rather than it serves you.

JG: So then, when a creative energy comes in from the soul level down, it's going to sit right there and all you want is sex. Now, it's interesting because there are two creative centers here. One is the creative sexual center and the other is the creative center for the imagination, emotional body. And if you will sit with a creative energy and learn to determine whether it's a sexual action or creative action, you might find out that you're not as sexual as you think - that you're very creative. Or you can take that sexual energy and actually use it for creative ability. Then, once you begin to deal with those dynamics of creative energy flows, this energy then begins to move up again and you begin to expand creativity that way. And what happens then is that you affect the world creatively. You inspire the world to do - you don't have to be the doer. When the chakras are flowing down you're the doer because you're always having to get out and do what that energy says in the physical universe. When the energy is flowing up, you're the inspirer - you're the one with the chalice flowing to overflowing and your energy is inspiring them to do. So you become the inspiration for these people.

CES: In the process, you can be in the presence of a positive dynamic and feel very negative, confusing feelings and you don't understand why you feel that way. It's kind of dynamic that's going on in yourself. You wonder why you're feeling that way - you feel you should be creative and bubbly and it's a whole dynamic with subtle energies.

JG: Subtle energies are very dynamic in the way that they do affect the body. And it's usually those that get us trapped into a particular consciousness because we don't understand those things and how to deal with them and how to get out of them. And they lock us into that pattern. And you can promote healing but if there's a subtle energy block somewhere in the body - that's why acupuncture is so interesting and so dynamic in its effects. The subtle energy can be locked in a point down here and affecting a chakra up here. And if you don't understand the dynamics of subtle energies and you're dealing with these chakras and auras, but not with the subtle energies of chi and other energies of acupuncture, what happens is that little energy stays and remains. You effect a healing and they walk out and that sort of energy becomes like a sort of irritation and just goes right back and creates the problem all over again. So you also have to deal with all those different things within the body and subtle energies can affect.

There is a subtle energy point like the points of acupuncture on the physical body, in the aura out here. Out here it's the same thing. I don't know if you call them chi points or what but it's the same thing - it's where energies cross in the body somewhere. In the aura, wherever there's two energy patterns coming together, you have the same thing developing. If that pattern holds long enough, it becomes a permanent pattern in the aura. So you can go up to someone and love right out here and if that something inside of them somewhere - they won't know why, but they'll say, "Oh, G0d, that feels good. Or that hurts."

CES: Not literally at the physical level but at a physical level but

at the physical level in the non-physical reality, you have etheric surgeons to do that. But they are really performing surgery and they're not into the thing Jim is talking about - a whole congruent energy body.

JG: What it really is is an energy field and you can manipulate that energy field to promote a healing. But the trick is that as you do it clean off your karma. And then you can take another's karma on if you don't know how to alleviate it and burn it off and lead a spiritual life, whatever.

DES: A sponge.

HG: Yeah. That's why a lot of your healers are way overweight and very ill. They have arthritic conditions. It's because they themselves have taken on the elements of karmic patterns of other people and they are having to live them out somehow. And that's the danger of being a healer. Don't do anything without awareness in your life because if you do you could get yourself in a lot of trouble. A lot of people play the game of psychic, play the game of healer, play the game of this and that. They don't have the awareness of it and if they walk out on a limb and it breaks, they don't know what to do because they themselves don't know.

Are there any questions? I think I've about covered what I was going to.

BF: In conclusion, how would you say was the way to live?

JG: Caring, loving action. That you live in a loving state, a caring state. If you can do that in your life, you've done more for the world and for yourself than anything else you can do. Having a great mind is nice, having a lot of feelings - that's not so nice, but having an open, loving heart is wonderful. Then you don't judge the other person - you understand them for where they are - because you've been there too - in some lifetime, somewhere you know it - so you love them for where they're at and you support them for it because you know that'll help them take the next step. And that same action will come back and support you so you can take the next step. So if you're going to do anything, do it with caring, loving action in your life and you've got it.

Thank you.